



# Advocating for Your Black Child

## A Class for Black Caregivers of Black Youth

Advocating for Your Black Child (A4YBC) is a free, 8-week psycho-education series held online for Black parents and caregivers of Black children & youth (Elementary - High school) living with Mental Health, Neurological and/or Learning Differences. Advocating for Your Black Child (A4YBC) is offered in a virtual group setting so that you can safely and confidently connect with other Black Parents.

Each A4YBC cohort provides critical information & strategies created specifically with the Black family in mind. The A4YBC curriculum provides a wealth of practical resources throughout the series. It was designed specifically to support the Black family in navigating school, political and social systems for your child. Topics covered include:

- Accessing the appropriate academic services & support for your child within the public school system
- Systemic Racism and navigating White spaces
- Learning about mental health differences
- Social Emotional Learning (SEL)
- Utilizing community resources
- Obstacles to effective parenting
- Modern Medicine and Black Bodies

***Free Online Class.***

***Space is limited.***

***Register at***

***[www.namif.org/classes](http://www.namif.org/classes)***

The course is taught by trained clinical & health professionals and those with lived experiences — who understand what you're going through because they've been there.

**April 6th - May 25th**

**Thursdays 6:00 - 8:00 pm**

**For more information please contact:**

Ashley Brown-Hagan , NAMI San Francisco : [ashley@namif.org](mailto:ashley@namif.org) or 909-313-2512