



National Alliance on Mental Illness

**nami** | **San Francisco**

# **Children, Youth, and Family Resource Guide**

*Last updated: October 2022*

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## NAMI San Francisco: Children, Youth, and Family Resource Guide

### Community Clinics

#### 3rd Street Youth Center and Clinic

Summary: Provides mental health and substance abuse counseling. Staff has specialized training in the following areas: trauma, post-traumatic stress disorder, chronic stress, anxiety disorders, grief and loss, coping skills, and life adjustment issues.	
Fees/Programs: No fees.	
Language(s): English, Spanish	
Website: <a href="https://3rdstyouth.org/">https://3rdstyouth.org/</a>	Address: 1728 Bancroft Avenue (@ 3rd Street) San Francisco, CA 94124
Email: <a href="mailto:info@3rdstyouth.org">info@3rdstyouth.org</a>	Phone Number: (415) 822-1707

#### Access Institute

Summary: Offers low and no-fee psychological services (psychiatry, therapy, assessment, case management) to those who want and need psychological support, but aren't able to access it for any number of reasons including income, cultural barriers, stigma around mental health, and lack of mobility. They also have an in-school mental health program and an elder program.	
Fees/Programs: No fees; <a href="#">In-School Mental Health Program</a> ; <a href="#">Elder Program</a>	
Language(s): English	
Website: <a href="https://www.accessinst.org/">https://www.accessinst.org/</a>	Address: 110 Gough Street, Suite 301, San Francisco, CA 94102
Email: <a href="mailto:info@accessinst.org">info@accessinst.org</a>	Phone Number: (415)-861-5449

#### APA Family Support Services

Summary: Provides domestic violence and child abuse prevention services. Specializes in providing culturally competent services for at-risk Asian and Pacific Islander children and their families. Strengthens families with a spectrum of services to prevent and, if necessary, treat problems that may occur due to
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stress, barriers, and challenges of language, finances, and lack of resources.

Fees/Programs: No fees; can self-refer or referrals from CBOs schools, hospitals, CPS; *Parent Support (Prevention)* which includes outreach and engagement, parenting education, support groups, health education, kinship support, Early Literacy, and Economic Self-Sufficiency Project; *Home Visitation (Early Intervention)* services are provided by bilingual and bicultural staff; *Family Support Center* located in Chinatown offers programs and services to support the growth and development of all family members – adults, youth and children; *Confidential Counseling* is available to families or individual family members; *API Hotline* is a resource to parents and youth in times of stress and crisis.

Language(s): English, Cantonese, Mandarin, Tagalog, Vietnamese, Cambodian, Laotian, Thai, and Spanish

Website: <https://www.apafss.org/>

Address:  
*Chinatown Office:* 10 Nottingham Place, San Francisco, CA 94133  
*Visitacion Valley Office:* 1099 Sunnydale Avenue

Email: [info@apafss.org](mailto:info@apafss.org)

Phone Number: (415) 617-0061  
*API Hotline:* (415) 642-6850

### Balboa Teen Health Center

Summary: School-based clinic that provides comprehensive primary care, and medical, mental health and health education to youth ages 12 to 18.

Fees/Programs: No fee services; services are confidential and certain services don't require parent/guardian permission unless noted; services that require parent/guardian permission are *primary care, sports physicals, and mental health counseling*

Language(s): English, Spanish, Cantonese, Tagalog, Italian

Website:  
<https://www.sfdph.org/dph/comupg/oservices/medSvs/hlthCtrs/BalboaTeenHlthCtr.asp>

Address: 1000 Cayuga Avenue, Room 156 San Francisco, CA 94112

Email: N/A

Phone Number: (415) 469-4512

### Bayview Hunters Point Foundation Youth Services

Summary: Offers outpatient mental health treatment, medication support, case management, and outreach services for child and adolescent residents of San Francisco. It also provides substance use services for individuals 18 and older who need assistance with ceasing heroin use and those at risk for

HIV infection. It also offers housing assistance by helping individuals develop goals that support self-determination, self-sufficiency, and re-entry into the community where they can lead productive lives.	
Fees/Programs: Sliding scale, Medi-Cal accepted, referrals to other treatments and social services are also available; <a href="#">Mental Health Services</a> , <a href="#">Substance Use Disorder Services</a> , <a href="#">Residential and Homeless Services</a>	
Language(s): English, Chinese, Spanish	
Website: <a href="https://bayviewci.org">https://bayviewci.org</a>	Address: 150 Executive Park Boulevard, Suite 2800, San Francisco, CA 94134
Email: <a href="mailto:info@bayviewci.org">info@bayviewci.org</a>	Phone Number: (415) 822-1585

### Boys & Girls Clubs of San Francisco

Summary: BGCSF's Behavioral Health Services are child-centered, trauma-informed, culturally-competent support services embedded in the afterschool, youth development framework that enhances the child's social and emotional well-being by improving their developmental assets and increasing each participant's protective factors.	
Fees/Programs: Serves youth ages 6 to 18; youth must be willing to become members of Boys & Girls Clubs of San Francisco, which costs approximately \$20 per school year. There is no additional out-of-pocket cost to the family; however, it is requested for the family's consent to bill funders on their behalf.	
Language(s): English, Spanish	
Website: <a href="https://www.kidsclub.org/">https://www.kidsclub.org/</a>	Address: 380 Fulton Street, San Francisco, CA 94102
Email: <i>see website for email info</i>	Phone Number: (415) 221-2389

### Cameron House

Summary: Specializes in providing culturally competent services for Asian Americans. Offers Individual, couples, and family counseling services. Issue areas include marital, familial, and other relationship problems, the impact of domestic violence, emotional and mental health issues, acculturation challenges, and difficulties adjusting to various life changes and stressors.	
Fees/Programs: Sliding scale fees.	
Language(s): English, Cantonese, and Mandarin	
Website: <a href="https://cameronhouse.org/">https://cameronhouse.org/</a>	Address: 920 Sacramento Street San Francisco, CA

	94108
Email: <a href="mailto:info@cameronhouse.org">info@cameronhouse.org</a>	Phone Number: (415) 781-0401

### Center for Youth Wellness

Summary: Offers care coordination/case management, psychotherapy, psychiatry, biology and neurology feedback, and individual and family therapy. It aims to improve the health of children and adolescents exposed to adverse childhood experiences.	
Fees/Programs: There are no fee services, and they must be referred through Bayview Child Health Center.	
Language(s): English, Spanish, and offers other interpreters for no cost.	
Website: <a href="https://centerforyouthwellness.org/">https://centerforyouthwellness.org/</a>	Address: 3450 Third Street Building 2, Suite 201 San Francisco, CA 94124-1444
Email: <a href="mailto:info@centerforyouthwellness.org">info@centerforyouthwellness.org</a>	Phone Number: (415) 684-9520

### Child and Adolescent Support Advocacy and Resource Center

Summary: Provides trauma-focused psychotherapy for individuals, groups, and families, including children and adolescents (up to age 18) who have been sexually or physically abused or who have witnessed severe violence. Forensic medical and crisis management services are available 24 hours a day.	
Fees/Programs: No fee services; community outreach and education, fact/expert testifying, psychiatry services (including medication), crisis intervention and critical incident debriefing, forensic medical exams/evidence collection for sexual assault or abuse, forensic interviews	
Language(s): English, Spanish and offers other interpreters for other languages.	
Website: <a href="https://www.sfserviceguide.org/organizations/28">https://www.sfserviceguide.org/organizations/28</a>	Address: 995 Potrero Avenue San Francisco, CA 94110
Email: N/A	Phone Number: (415) 206-8386 <i>For non-emergency situations or advice involving adults: (628) 437-3000</i>

### Chinatown Child Development Center

Summary: Offers individual, group, and family psychotherapy; collateral contacts with parents and significant others; case management services; psychological testing for registered clients; medication support services; school-based services; consultation to preschools, schools, and community-based organizations; and referrals and linkages to appropriate community resources as needed. Also offers parent support groups and parenting education workshops on early intervention for their children.	
Fees/Programs: Accepts Medi-Cal, Healthy Families/Health Kids, and sliding fees. Intake workers available by phone or in-person	
Language(s): English, Cantonese, and Vietnamese.	
Website: <a href="https://sfserviceguide.org/organizations/214">https://sfserviceguide.org/organizations/214</a>	Address: 720 Sacramento St, San Francisco, CA 94108
Email: <a href="mailto:info@chineseamericancf.org">info@chineseamericancf.org</a>	Phone Number: (415) 392-4453

### Cole Street Youth Clinic

Summary: Offers comprehensive, age-appropriate, culturally-sensitive adolescent health services to teens and transitional age youth (TAY). Services include birth control, sexually transmitted infection (STI), HIV and Hepatitis C testing and treatment, PEP and PrEP (HIV prevention medication and services), primary care, urgent care, gender-affirming care, and mental health and/or substance abuse counseling.	
Fees/Programs: No fee services.	
Language(s): English, Spanish, and Cantonese.	
Website: <a href="https://www.huckleberryyouth.org/huckleberry-youth-health-center-cole-street-clinic/">https://www.huckleberryyouth.org/huckleberry-youth-health-center-cole-street-clinic/</a>	Address: 555 Cole Street @ Haight San Francisco, CA 94117
Email: N/A	Phone Number: (415) 751-8181

### Community Youth Center

Summary: Provides case management and individual and family therapy for youth and their families. Clinicians and case managers conduct psycho-social assessments address mental health stigma. Address the following concerns: limited access to linguistically and culturally appropriate services and co-factors specific behavioral health issues such as violence, chronic truancy, and substance use prevention.	
Fees/Programs: Free service for MediCal recipients, may be sliding scale with private insurance. Often referred in through school staff.	
Language(s): English, Chinese, Cantonese, Tagalog, and Spanish.	

Website: <a href="https://www.cycsf.org/">https://www.cycsf.org/</a>	Address: 1038 Post Street San Francisco, CA 94109
Email: <a href="mailto:hello@cycsf.org">hello@cycsf.org</a>	Phone Number: (415) 775-2636

### Greenlight Clinic

Summary: Provides free and confidential mental health therapy for young people 14-26 years old in the San Francisco Bay Area so they may develop skills and behaviors to attain their personal goals. A licensed therapist or experienced interns leads therapy sessions.	
Fees/Programs: Free 50-minute individual therapy sessions; must schedule an appointment, no drop ins available	
Language(s): English	
Website: <a href="https://www.greenlightclinic.org/">https://www.greenlightclinic.org/</a>	Address: 336 Bon Air Center Suite 511, Greenbrae, California 94904
Email: <a href="mailto:hello@greenlightclinic.org">hello@greenlightclinic.org</a>	Phone Number: (415) 742-4306

### Integrated Care Center

Summary: Provides integrated primary care, behavioral health services, and substance use services. Staff is experienced with the complex healthcare needs resulting from homelessness, poverty, and addiction. Providers have specialized expertise in preventative health, chronic conditions, the treatment of infectious diseases, and addiction.	
Fees/Programs: Accepts Medi-Cal and Medicare; offers free services to homeless and low-income individuals.	
Language(s): All languages are available through interpreters.	
Website: <a href="https://www.healthright360.org/agency/integrated-care-center">https://www.healthright360.org/agency/integrated-care-center</a>	Address: 1563 Mission Street San Francisco, CA 94103
Email: N/A	Phone Number: (415) 746-1940 <i>After Hours Line: (415) 746-1940</i>



### Horizons Unlimited of San Francisco

Summary: Offers a wide array of culturally competent and innovative substance abuse prevention and treatment, mental health, gender-specific and employment services and programs that promote healthy development and empower youth and families to take action in their community. Staff mirrors the backgrounds and life experiences of those served, and through the provision of a variety of high appeal programs, helps to transform their lives.

Fees/Programs: [Employment Programs](#), [Gender Specific Programs](#), [Prevention Programs](#), [Treatment Programs](#)

Language(s): English and Spanish.

Website: <https://www.horizons-sf.org/>

Address: 440 Potrero Avenue, San Francisco, CA 94110

Email: [info@horizons-sf.org](mailto:info@horizons-sf.org)

Phone Number: (415) 487-6700

### Huckleberry Youth Program

Summary: Strengthens families and empowers young people with services that promote safety in times of crisis, physical and emotional health and well-being, social justice in communities facing inequity, and educational success.

Fees/Programs: No fee services; [crisis shelter](#), [counseling programs](#), [support for sexually exploited youth, health care and health education in San Francisco](#), [career training and college access](#), [juvenile justice diversion](#), [juvenile justice diversion for middle schoolers](#)

Language(s): English, Spanish, and Cantonese

Website: <https://www.huckleberryyouth.org/>

Address: 555 Cole Street @ Haight San Francisco, CA 94117

Email: [hyp@huckleberryyouth.org](mailto:hyp@huckleberryyouth.org)

Phone Number: (415) 751-8181

### Instituto Familiar de la Raza

Summary: Oversees programs addressing the needs of the Chicano/Latino community in SF. Offers outpatient mental health clinic, school programs, HIV services, social wellness programs, and case management.

Fees/Programs: Accepts MediCal and private pay; [La Cultura Cura Youth Program](#), [La Clínica](#), [Indígena Health and Wellness Collaborative](#), [Early Intervention and School-Based Program](#), [Casa Corazón](#), [Sí a la Vida](#)

Language(s): English and Spanish.	
Website: <a href="https://www.ifrsf.org/">https://www.ifrsf.org/</a>	Address: 2919 Mission Street, San Francisco, CA 94110
Email: <a href="mailto:info@ifrsf.org">info@ifrsf.org</a>	Phone Number: (415) 229-0500

### Jewish Family and Children's Services

Summary: Supports children from infancy into young adulthood with expert clinical care and a wide range of specialized services. Offers parenting workshops, support groups, parent coaching and consultation, child behavior and school support, clinical and special needs services, parent/child activity groups, and individual and family therapy.	
Fees/Programs: Accepts MediCal and private pay; <a href="#">Services for Families</a> , <a href="#">Workshops</a>	
Language(s): English, Russian, and Chinese.	
Website: <a href="https://ccy.jfcs.org/">https://ccy.jfcs.org/</a>	Address: 1710 Scott Street San Francisco, CA 94115
Email: <i>contact through the following link</i> <a href="https://ccy.jfcs.org/contact/">https://ccy.jfcs.org/contact/</a>	Phone Number: (415) 359-2454

### Larkin Street Youth Services

Summary: Provides a continuum of wraparound care to help young people thrive, including outreach/engagement services, health/wellness, housing, education and employment. Medical clinic provides free primary care and HIV prevention, including confidential testing. Also offers HIV specialty services, case management, behavioral health, and residential aftercare.	
Fees/Programs: No fee services; outreach and engagement programs, health and wellness programs, housing services, education and employment programs	
Language(s): English	
Website: <a href="https://larkinstreetyouth.org/">https://larkinstreetyouth.org/</a>	Address: 134 Golden Gate Avenue San Francisco, CA 94102
Email: <i>contact through the following link</i> <a href="https://larkinstreetyouth.org/impact/who-we-are/contact-us/">https://larkinstreetyouth.org/impact/who-we-are/contact-us/</a>	Phone Number: (415) 673-0911 <i>Youth experiencing or at risk of homelessness:</i> (800) 669-6196

### Mission Neighborhood Health Center Teen Clinic

Summary: Offers sensitive, respectful and non-judgmental services that are free and confidential for all young people of all genders from ages 12 to 21. Services offered include health education, family
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planning/counseling, pregnancy tests, STI testing and treatment, emergency contraception, general mental health counseling, and referrals.	
Fees/Programs: No fee services; youth over 12 years old can register for services independently.	
Language(s): English and Spanish	
Website: <a href="https://www.mnhc.org/medical-services-categories/san-francisco-teen-clinic/">https://www.mnhc.org/medical-services-categories/san-francisco-teen-clinic/</a>	Address: 240 Shotwell Street San Francisco, CA 94110
Email: <a href="mailto:teenclinic@www.mnhc.org">teenclinic@www.mnhc.org</a>	Phone Number: (415) 552-3870

### Occupational Therapy Training Program

Summary: Provides trauma-informed, client-centered support to improve functioning in school, home, work, and community settings. Comprehensive services include individual occupational therapy, individual psychotherapy, and case management.	
Fees/Programs: Accepts MediCal for youth between ages 5 and 18; Youth are referred through local community mental health clinics, including the Mission Family Center, the Southeast Child, and Family Therapy Center, and the Chinatown Child Development Center.	
Language(s): English and other languages depending on the program	
Website: <a href="http://www.ottp-sf.org/">http://www.ottp-sf.org/</a>	Address: 425 Divisadero Street, Suite 300 San Francisco, CA 94117
Email: <a href="mailto:info@ottp-sf.org">info@ottp-sf.org</a>	Phone Number: (415) 551-0975

### Richmond Area Multi-Service

Summary: Offers individual, Group & Family Therapy; Case Management; Psychiatric Evaluation & Medication Management; Psychological Assessment & Testing; Information & Referral; and Consultation. Specialize in serving Asian and Pacific Islander Americans.	
Fees/Programs: Healthy SF, Medicare, Medical accepted and no health insurance - SF residents only; sliding scale for those with insurance	
Language(s): English and numerous other languages available	
Website: <a href="https://ramsinc.org/">https://ramsinc.org/</a>	Address: 4355 Geary Boulevard, San Francisco, CA 94118
Email: <a href="mailto:info@ramsinc.org">info@ramsinc.org</a>	Phone Number: (415) 800-0699

### Safe and Sound

Summary: Offers parenting classes, play therapy, dinners for families, talkline to help families, parents, and children. Specializes in helping families dealing with child abuse.	
Fees/Programs: No referrals for Wallace street services but referral needed for Bayview - services free at both sites	
Language(s): English and Spanish	
Website: <a href="https://safeandsound.org/">https://safeandsound.org/</a>	Address: 1757 Waller Street San Francisco, CA 94117
Email: <a href="mailto:info@safeandsound.org">info@safeandsound.org</a>	Phone Number: (415) 668-0494

### Southeast Child-Family Therapy Center

Summary: Offers support to people functioning in the Bayview Hunters Point community to their highest level possible by helping them cope with difficult feelings and family dynamics, move through the grieving process, receive eligibility for financial benefits, and find housing and work. Specializes in Individual therapy, psychiatrists and psychologists.	
Fees/Programs: Only Medi-Cal in SF County	
Language(s): English, Spanish, Cantonese, Mandarin	
Website: <a href="https://sfhealthnetwork.org/primary-care-3/southeast-health-center/psychosocial-care/">https://sfhealthnetwork.org/primary-care-3/southeast-health-center/psychosocial-care/</a>	Addresses: 100 Blanken Avenue, San Francisco, CA 94134 Address 2: 1525 Silver Avenue, San Francisco, CA 94134
Email: <i>contact through the following link</i> <a href="https://101g-xnet.sfdph.org:8443/ords/eeopn/f?p=145:2">https://101g-xnet.sfdph.org:8443/ords/eeopn/f?p=145:2</a>	Phone Numbers: Blanken Ave: (415) 330-5740 Silver Ave: (415) 657-1770

### Sunset Mental Health Clinic

Summary: Offers individual therapy, group and family therapy, psychiatric medication, and children's programs. Specializes in Child & Adolescent Psychiatry, Psychology and Psychiatry.	
Fees/Programs: Sliding scale	
Language(s): English, Cantonese, Mandarin, Russian	
Website: <i>contact through the following link</i> <a href="https://sf-goso.org/health-treatment/outpatient-treatment/sunset-mental-health-clinic-health-treatment/">https://sf-goso.org/health-treatment/outpatient-treatment/sunset-mental-health-clinic-health-treatment/</a>	Address: 1990 41st Ave. San Francisco CA 94116

Email: n/a	Phone Number: (415) 753-7400
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### YMCA Family Resource Center

<p>Summary: Dedicated to building strong kids, strong families and strong communities by enriching the lives of all people in spirit, mind and body. Offers family advocacy, counseling, parenting workshops, various community events, weekly food distribution, individual and group counseling sessions via our Early Periodic Screening and Diagnostic Testing (EPSDT) program in schools, family counseling sessions, trauma recovery mental health services, domestic violence counseling, among many other services.</p>	
<p>Fees/Programs: There is no cost to participate in our community programs.</p>	
<p><u>Language(s):</u>          OMI and Potrero Hill: English, Chinese, Spanish          Western Addition: English and Spanish</p>	
<p><u>Website:</u>  <a href="https://www.ymcasf.org/programs/urban-services-family-resource-centers">https://www.ymcasf.org/programs/urban-services-family-resource-centers</a></p>	<p><u>Addresses:</u>          OMI (Oceanview, Merced, Ingleside): 156 Broad Street, San Francisco          Potrero Hill: 129 Dakota Street &amp; 751 Missouri Street, San Francisco          Western Addition: 1426 Fillmore Street Suite 303, San Francisco</p>
<p>Email: <a href="mailto:Memberservices@ymcasf.org">Memberservices@ymcasf.org</a></p>	<p><u>Phone Numbers:</u>          OMI: (415) 406-1370          Potrero Hill: (415) 795-3591 &amp; (415) 590-2157          Fillmore Street (415) 202-9770</p>

## Crisis/Evaluation Services

### California Pacific Medical Center Psychiatric Services

<p>Summary: Focused on helping your child or teenager return to an active and productive life and be equipped with the skills to maintain good mental health for a lifetime. Offers outpatient mental health treatment, as well as inpatient evaluation, by board-certified psychiatrists. Provides personality assessments, individual therapy and group therapy.</p>	
<p>Fees/Programs: Should check with insurance provider to see if CPMC's child and adolescent behavioral health services would be covered.</p>	
<p>Language(s): English, Spanish; offers interpreter services for a variety of languages</p>	
<p>Website:  <a href="https://www.sutterhealth.org/cpmc/services/behavioral-health/child-adolescent-behavioral-health">https://www.sutterhealth.org/cpmc/services/behavioral-health/child-adolescent-behavioral-health</a></p>	<p>Address: 2323 Sacramento Street, San Francisco, CA 94115</p>
<p>Email: N/A</p>	<p>Phone Number: (415) 600-3247</p>

### Comprehensive Child Crisis Service

<p>Summary: Provides a 24-hour, multilingual, crisis intervention and short-term stabilization program for families and children who are experiencing emotional distress related to family violence, physical or emotional illness, school truancy, behavioral problems and other crises. Families can either arrange to come to the clinic or a crisis team may travel to the home, school or other San Francisco location to evaluate the problem. Evaluation includes assessment for inpatient hospitalization. Also offers specialized services for victims of community violence and chronically suicidal youth.</p>	
<p>Fees/Programs: Sliding scale fees; accepts MediCal, private insurance, Healthy Families, Healthy Kids</p>	
<p>Language(s): English, Spanish, Chinese, Tagalog, Vietnamese and other languages can be accommodated</p>	
<p>Website:  <a href="https://www.sfdph.org/dph/comupg/oservices/mentalHlth/cbhs/default.asp">https://www.sfdph.org/dph/comupg/oservices/mentalHlth/cbhs/default.asp</a></p>	<p>Address: 1380 Howard Street, 5th Floor San Francisco, CA 94103</p>
<p>Email: N/A</p>	<p>Phone Number:  <i>24 hour hotline:</i> (415) 970-3800</p>

### Edgewood Crisis Stabilization Unit

<p>Summary: Provides youth ages 6-17 and families a safe, structured, child-friendly and supportive place to address mental health needs. Offers 24/7 Nursing and clinical care including, with a focus on crisis stabilization and triaging, risk assessment, crisis stabilization and prevention, triaging, evaluation and</p>
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risk assessment, medical screening, discharge planning including linkage with community supports and services, collaborative treatment planning, coping skills building and safety planning, parent and guardian support and education.

**Fees/Programs:** No one will be charged. Prefer people to have insurance, but if they don't have insurance, you will not be charged.

**Language(s):** English and Spanish

**Website:**  
<https://edgewood.org/crisis-stabilization/>

**Address:** 1801 Vicente Street San Francisco, CA 94116

**Email:** [info@edgewood.org](mailto:info@edgewood.org)

**Phone Number:** (415) 682-3278

### **McAuley Adolescent Psychiatric Unit**

**Summary:** Treats adolescents whose emotional problems are impacting their safety and functioning. Provides high quality, well-coordinated mental health services in a safe, consistent, therapeutic environment. Specializes in acute and quick care, 24/7 nursing, daily one-on-one therapy with a psychiatrist, therapeutic groups (including using mediums such as art, drama, music, and writing, to encourage self-reflection and build coping skills), spiritual services.

**Fees/Programs:** Accept most insurances, including SF Health Plan.

**Language(s):** Interpreter services available.

**Website:**  
<https://www.dignityhealth.org/bayarea/locations/smarys/services/adolescent-psychiatric-services>

**Address:** 2200 Hayes Street 5th Floor, San Francisco, CA 94117

**Email:** N/A

**Phone Number:**  
*Inpatient unit:* (415) 750-5649  
*Outpatient unit:* (415) 750-5580

## Education Services

### Community Alliance for Special Education (CASE)

<p>Summary: Serves current and prospective SF Bay Area public school families and their students with disabilities. Provides free individual technical assistance, consultations, advocacy, and training through their network of educational specialists. Assists parents with assessment and records review, classroom program and placement concerns, the Individual Education Program (IEP) process, mediation with public school agencies, due process hearings, and the compliance complaint process.</p>	
<p>Fees/Programs: Offers a free 60-minute consultation with a CASE advocate; provides attorney and non-attorney representation on a sliding fee basis.</p>	
<p>Language(s): English, Spanish, and Farsi</p>	
<p>Website: <a href="https://caseadvocacy.org/">https://caseadvocacy.org/</a></p>	<p>Address: 1550 Bryant Street Suite 735 San Francisco, CA 94103</p>
<p>Email: <a href="mailto:info@caseadvocacy.org">info@caseadvocacy.org</a></p>	<p>Phone Number: 415-431-2285</p>

### Edgewood Community School

<p>Summary: Provides specialized academic instruction with intensive behavioral and therapeutic support to students struggling in public school settings due to emotional and behavioral challenges. Consists of one grade school and one High School located on their Vicente Campus in San Francisco. Uses a strengths-based approach to foster the emotional, social, and academic necessary for students to return to less restrictive school placements.</p>	
<p>Fees/Programs: Referred by their school district through the Individual Education Program (IEP) process.</p>	
<p>Language(s): English</p>	
<p>Website: <a href="https://edgewood.org/community-school/">https://edgewood.org/community-school/</a></p>	<p>Address: 1801 Vicente Street San Francisco, CA 94116</p>
<p>Email: <a href="mailto:info@edgewood.org">info@edgewood.org</a></p>	<p>Phone Number: (844) 334-3411</p>

### McAuley Counseling Enriched Education Program

<p>Summary: An outpatient program offered jointly by St. Mary's Adolescent Psychiatric Services, the San Francisco Department of Public Health-Behavioral Health Services, and the San Francisco Unified School District. Offers comprehensive evaluation, ongoing intensive therapy and treatment, educational services for adolescents who are unable to successfully participate in comprehensive community-based academic programs and outpatient therapeutic services.</p>	
<p>Fees/Programs: Referred to program through an Individualized Education Plan (IEP); (IEPs are</p>	



established with your child's home school or the school district)	
Language(s): English, Chinese, Spanish	
Website: <a href="https://www.dignityhealth.org/bayarea/locations/stmarys/services/adolescent-psychiatric-services/co-unseling-enriched-education-program">https://www.dignityhealth.org/bayarea/locations/stmarys/services/adolescent-psychiatric-services/co-unseling-enriched-education-program</a>	Address: 2200 Hayes Street, 3rd Floor San Francisco, California
Email: <i>contact through the following link</i> <a href="https://www.dignityhealth.org/bayarea/locations/stmarys/contact-us">https://www.dignityhealth.org/bayarea/locations/stmarys/contact-us</a>	Phone Number: (415) 750-5580

### **San Francisco Unified School District Special Education Services**

Summary: Identifies, locates and assesses all students within the district from birth to 22 years of age who may have disabilities, and provides appropriate support and/or related services to those students determined by an educational evaluation. Also provides eligible students with disabilities a free and appropriate public education (FAPE) consistent with federal and state laws. Offers General Education, related services, resource specialist services, and separate classes. The student assignment process varies depending upon the services required to meet a child's educational needs and the amount of time the student spends in the general education setting.	
Fees/Programs: No fees.	
Language(s): English, Spanish, Cantonese	
Website: <a href="https://www.sfusd.edu/services/student-supports-programs/special-education">https://www.sfusd.edu/services/student-supports-programs/special-education</a>	Address: 3045 Santiago Street San Francisco, CA 94116
Email: <i>contact through the following link</i> <a href="https://www.sfusd.edu/sped/how-contact-special-education">https://www.sfusd.edu/sped/how-contact-special-education</a>	Phone Number: (415) 759-2222

## Extended Services

### Edgewood Center For Children and Families

Summary: Supports youth and their families through life's challenges with a full continuum of behavioral health services. Focuses on mental health, family relationships, and life skills, and programs range from prevention and early intervention to community-based, day, and residential treatment.	
Fees/Programs: Contact Intake Department at 1-844-EDGE411 (334-3411) for intakes/referrals, and visit the Intake Page for more information. Accept SF County Medical and private insurance.	
Language(s): Bilingual therapists in Spanish and Cantonese, specific to programs	
Website: <a href="https://edgewood.org/about/">https://edgewood.org/about/</a>	Address: 1801 Vicente Street, San Francisco, CA 94116
Email: <a href="mailto:com@edgewood.org">com@edgewood.org</a>	Phone Number: (415) 681-3211

### Felton Institute

Summary: Provides access to comprehensive services to low-income, at-risk children, youth and families to give them a sound foundation for lifelong development, family economic success, and hope for a successful future. Offers comprehensive, culturally relevant, linguistically appropriate, trauma-informed, strength and evidence-based services, including the following programs: Full Circle Family Program, Early Care and Education Programs, Early Autism Program, Infant Development/Early Intervention Program, Developmental Education and Parenting Program, Young Family Resource Center, Early Psychosis/Schizophrenia Program, Bipolar Early Assessment and Management Program.	
Fees/Programs: <a href="#">Children, Youth and Family (CYF)</a> , <a href="#">Transitional Age Youth (TAY)</a> , <a href="#">Adult Services</a> , <a href="#">Justice-Impacted Individuals</a> , <a href="#">Senior Services</a>	
Language(s): English	
Website: <a href="https://felton.org/social-services/children-youth-family/">https://felton.org/social-services/children-youth-family/</a>	Address: 1500 Franklin Street, San Francisco, CA 94109
Email: <a href="mailto:info@felton.org">info@felton.org</a>	Phone Number: (415) 474-7310

### Seneca Family of Agencies

Summary: Helps children and families through the most difficult times of their lives by providing community-based programs to support their mental health needs in San Francisco.	
Fees/Programs: Must be MediCal eligible; Referrals for the SF programs come through San Francisco County, referrals for the Dialectical Behavioral Therapy Clinic come from a wide range of sources, and referrals for the Therapeutic Behavioral Services come from other Seneca programs, outside providers, and the county.	

Language(s): Spanish, Chinese & capacity in Arabic, Russian, Tagalog, Japanese, Vietnamese as needed. Interpreter services also available.

Website: <https://www.senecafoa.org/>

Address: 2513 24th Street, San Francisco, CA  
94110

Email: [info@senecacenter.org](mailto:info@senecacenter.org)

Phone Number: (415) 642-5968

# Foster/Adoptive/Alternative Family Resources

## A Better Way - SF Therapeutic Visitation and Outpatient Services

<p>Summary: Empowers children and families to develop the insights, life skills, and permanent relationships that promote their social, emotional, educational and economic well-being. Support, treatment and parent training helps families overcome the impact of poverty, community violence mental health problems, addictive illness and patterns of child abuse and neglect that put their children at risk. Among its behavioral health services, they offer Early Childhood Services, Therapeutic Visitation Services, Pre &amp; Post Adoption Support Services, Psychological Evaluation, Child &amp; Adolescent Permanency Support Services, Family Strengthening, and Parent Advocacy.</p>	
<p>Fees/Programs: <a href="#">Behavioral Health Services</a>, <a href="#">Foster Care Services</a>, <a href="#">Family Strengthening</a>, <a href="#">Parent Advocacy</a></p>	
<p>Language(s): English</p>	
<p>Website: <a href="https://www.abetterwayinc.net/">https://www.abetterwayinc.net/</a></p>	<p>Address: 2017 Mission Street, 2nd Floor San Francisco, CA 94110</p>
<p>Email: <i>contact through the following link</i> <a href="https://www.abetterwayinc.net/locations-contact">https://www.abetterwayinc.net/locations-contact</a></p>	<p>Phone Number: (415) 715-1050</p>

## Alternative Family Services (AFS)

<p>Summary: Support vulnerable children and families in need of stability, safety, and wellbeing in communities. Provides Community Based Mental Health Services and Therapeutic Visitation Services to children and families involved with foster care, adoptions, and juvenile probation. Some of the disorders treated by AFS include post traumatic stress disorder (PTSD), abuse related trauma, disruptive disorders (e.g. attention deficit disorder), depression, anxiety, substance abuse, and disrupted family relationships.</p>	
<p>Fees/Programs: <a href="#">Foster Services</a>, <a href="#">Adoption Services</a>, <a href="#">Mental Health Services</a></p>	
<p>Language(s): English</p>	
<p>Website: <a href="https://www.afs4kids.org/">https://www.afs4kids.org/</a></p>	<p>Address: 250 Executive Park Blvd, Suite 4900 San Francisco, CA 94134</p>
<p>Email: <a href="mailto:info@afs4kids.org">info@afs4kids.org</a></p>	<p>Phone Number: (415) 656-0116</p>

## Unity Care

<p>Summary: Provides quality youth and family programs for the purpose of creating healthier communities through lifelong partnerships. Goals are to implement safe, secure, and positive living environments; educate and support underserved youth; and prepare young people to pursue professions in which minorities are chronically underrepresented. Offers programs and services that support foster youth and</p>
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young adults striving toward self-sufficiency; provides secure and affordable housing options; offers mental health services.

Fees/Programs: [Foster youth and young adult services](#); [housing](#); [connections for emotional safety](#); [therapy services & outpatient mental health clinic](#)

Language(s): English

Website: <https://www.unitycare.org/well-being/>

Address: 3073 Alemany Boulevard San Francisco, CA 94112

Email: *contact through the following link*  
<https://www.unitycare.org/contact-us/>

Phone Number: (415) 610-6336

# General Information/Resources/Services

## Support for Families of Children With Disabilities

Summary: Offers information, education, and parent-to-parent support to families and professionals of children with any kind of disability or special health care need in San Francisco. This includes support groups for families whose child has mental health concerns, information and education regarding special education services, and parenting classes that might be useful for families experiencing behaviors that challenge them to parent their children/youth.	
Fees/Programs: Free services; <a href="#">warmline</a> ; <a href="#">caregiver support groups</a> ; <a href="#">Parent Mentor Program</a>	
Language(s): English, Spanish, Cantonese, and Mandarin	
Website: <a href="https://www.supportforfamilies.org/">https://www.supportforfamilies.org/</a>	Address: 1663 Mission St, Ste 700, SF, CA
Email: <a href="mailto:info@supportforfamilies.org">info@supportforfamilies.org</a>	Phone Number: (415) 282-7494

## Mental Health Association of San Francisco

Summary: Cultivates peer leadership, builds community, and advances social justice in mental health. Provides online mental health screening tools, resource connect and peer run warm line.	
Fees/Programs: <a href="#">Warmline</a> ; peer support (including peer counseling, peer support groups, and peer providers); Propel (supports career development); training institute (mental health education)	
Language(s): English	
Website: <a href="https://www.mentalhealthsf.org/">https://www.mentalhealthsf.org/</a>	Address: 870 Market Street, Suite 928 San Francisco, California 94102
Email: <a href="mailto:info@mentalhealthsf.org">info@mentalhealthsf.org</a>	Phone Number: (415) 421-2926

## Mental Health Board of San Francisco

Summary: Advises, reviews, advocates, and educates; with the aim of having that advice integrated, incorporated, and reflected in implementation of mental health policy along with the ultimate goal of ensuring quality mental health services.	
Fees/Programs: Free services	
Language(s): English	
Website: <a href="http://www.mhbsf.org/">http://www.mhbsf.org/</a>	Address: 1380 Howard Street, Suite 226 San Francisco, CA 94103

Email: [mhb@mentalhealthboardsf.org](mailto:mhb@mentalhealthboardsf.org)

Phone Number: 415-255-3474

### **National Alliance on Mental Illness (NAMI) SF**

Summary: Supports people with mental illnesses and their families by helping them find the coping mechanisms for their daily struggle with brain disorders. Educates people who have mental illness, their families, and the general public about mental illness with the goal of dispelling ignorance and stigma. Advocates for more research and an improved system of mental health services across the nation. Services include Helpline, [support groups](#), educational meetings, newsletters, and a number of [educational classes](#) on mental illness held at various locations throughout the city.

Fees/Programs: All services are free and no referrals needed

Language(s): Spanish and Cantonese (depending on service)

Website: <https://www.namif.org/>

Address: 711 Van Ness, Suite 550 San Francisco, CA 94102

Email: [info@namif.org](mailto:info@namif.org)

Phone Number: 415-237-0039

### **San Francisco County Mental Health Access: Community Behavioral Health Services**

Summary: Protects and promotes the health of all San Franciscans. Offers a full range of specialty Behavioral health services provided by a culturally diverse network of community Behavioral health programs, clinics and private psychiatrists, psychologists, and therapists. Most people seeking behavioral health services need only basic counseling services. For those in need of more extensive treatment, the S.F. Behavioral Health Plan offers an array of services.

Fees/Programs: Services are provided to most individuals who receive Medi-Cal benefits at no fee or with a minimum share of cost. For all others, fees are based on a sliding scale.

Language(s): Cantonese, Spanish, Vietnamese, Tagalog, Russian. Translators utilized if necessary.

Website:  
<https://www.sfdph.org/dph/comupg/oservices/mentalHlth/CBHS/default.asp>

Address: 1380 Howard Street, 5th Fl. (at Tenth St.)  
San Francisco, CA

Email: n/a

Phone Number: 24-Hour Access Helpline: (415) 255-3737 or (888) 246-3333

# Homeless Resources

## Homeless Children's Network

Summary: Mission is to decrease the trauma of homelessness and domestic violence for children, youth, and families. Offers behavioral mental health services, early childhood consultation, and child therapy between ages 5 and 13.	
Fees/Programs: Primarily service families with Medical. Referrals through SFUSD or CPS; not open to the public but families can call to set up referral meeting.	
Language(s): Spanish but can find translators	
Website: <a href="https://www.hcnkids.org/">https://www.hcnkids.org/</a>	Address: 3450 3rd Street Bldg 1, Unit 1C San Francisco, CA 94124
Email: <a href="mailto:admin@hcnkids.org">admin@hcnkids.org</a>	Phone Number: 415-437-3990

## Huckleberry House Crisis Shelter

Summary: Educate, inspire and support underserved youth to develop healthier life choices, maximize their potential, and realize their dreams. Provides crisis intervention for youth and families, resolution services, and emergency shelter.	
Fees/Programs: Shelter is free, counseling services accept Medical and sliding scale.	
Language(s): Spanish, Cantonese	
Website: <a href="https://www.huckleberryyouth.org/crisis-shelter/">https://www.huckleberryyouth.org/crisis-shelter/</a>	Address: 1292 Page St, San Francisco, CA 9117
Email: <a href="mailto:hh@huckleberryyouth.org">hh@huckleberryyouth.org</a>	Phone Number: (415) 621-2929

## Larkin Street Youth Services

Summary: Create a continuum of services that inspires youth to move beyond the street. Nurture potential, promote dignity and support bold steps by all. Offers crisis intervention, brief and long-term therapy, youth group, and psychoeducation.	
Fees/Programs: None	
Language(s): English	
Website: <a href="https://larkinstreetyouth.org/">https://larkinstreetyouth.org/</a>	Address: 134 Golden Gate Avenue San Francisco, CA 94102
Email: contact through the following link <a href="https://larkinstreetyouth.org/impact/who-we-are/contact-us/">https://larkinstreetyouth.org/impact/who-we-are/contact-us/</a>	Phone Number: (415) 673-0911



## Hotlines

### California Youth Crisis Line (24hr)

Summary: Improves and empowers the lives of California's youth by working towards connecting them to the services, resources, and programs they need to have successful lives. Offers crisis intervention counseling and resource referrals to service providers in the caller's local community.	
Fees/Programs: None	
Language(s): Translation service provided	
Website: <a href="https://calyouth.org/cycl/">https://calyouth.org/cycl/</a>	Address: N/A
Email: <a href="mailto:info@calyouth.org">info@calyouth.org</a>	Phone Number: (800) 843-5200

### Comprehensive Child Crisis Service (24-hour Hotline)

Summary: Provides a 24-hour, multilingual, crisis intervention and short-term stabilization program for families and children who are experiencing emotional distress related to family violence, physical or emotional illness, school truancy, behavioral problems and other crises. The family may either arrange to come to the clinic or a crisis team may travel to the home, school or other San Francisco location to evaluate the problem. Evaluation includes assessment for inpatient hospitalization. Also offers specialized services for victims of community violence and chronically suicidal youth.	
Fees/Programs: Apply by phone; fees vary. Includes sliding scale and accepts Medi-cal.	
Language(s): ASL, Chinese (Cantonese), Spanish, Vietnamese	
Website: N/A	Address: N/A
Email: N/A	Phone Number: (415) 970-3800

### Huckleberry 24-Hour Teen Hotline

Summary: Provides confidential support for teens.	
Fees/Programs: No fees.	
Language(s): English, Spanish, Cantonese, and Mandarin	
Website: <a href="https://www.huckleberryyouth.org/get-help/">https://www.huckleberryyouth.org/get-help/</a>	Address: N/A
Email: N/A	Phone Number: (415) 621-2929

### Parental Stress Hotline

Summary: Parents receive information and referral services as well as a lending ear. Hotline workers are trained to listen and to offer appropriate emotional support.	
Fees/Programs: Free support group.	
Language(s): Cantonese, Mandarin, Cambodian, Vietnamese. Samoan, Tagalog, Laotian	
Website: <a href="https://www.apafss.org/parental-stress-hotline.html">https://www.apafss.org/parental-stress-hotline.html</a>	Address: N/A
Email: N/A	Phone Number: (415) 642-6850

### San Francisco Suicide Prevention

Summary: Provides emotional support, education, assistance, and intervention as necessary to all persons in crisis and those impacted by them, with the goal of reducing suicides and self-destructive behaviors.	
Fees/Programs: Free	
Language(s): Spanish	
Website: <a href="https://www.sfsuicide.org/">https://www.sfsuicide.org/</a>	Address: 1757 Waller Street San Francisco, CA 94117
Email: <a href="mailto:sfsuicide@felton.org">sfsuicide@felton.org</a>	Phone Number: <i>Main Crisis Line:</i> (415) 781-0500 <i>Crisis Text Line:</i> Text MYLIFE to 741741

### T.A.L.K. Line - 24 Hour Parental Support Line

Summary: Offers compassionate support over the phone to parents and caregivers of children under the age of 18 in the Bay Area. Operates round-the-clock and is staffed by trained volunteers who provide support through the numerous challenges found in life and parenting. Call for support, information, service referrals, or just to connect with someone who will listen.	
Fees/Programs: No fees.	
Language(s): English, but can also get interpreters in over 200 languages	
Website: <a href="https://safeandsound.org/for-parents/get-help-now/">https://safeandsound.org/for-parents/get-help-now/</a>	Address: N/A

Email: N/A

Phone Number: (415) 441-5437

## LGBTQ Centered Services

### Dimensions Clinic

<p>Summary: Helps lesbian, gay, bisexual, transgender, queer and questioning individuals lead healthy and connected lives, strengthening diverse communities. Approaches health holistically and values the whole human experience; clients at Dimensions can have their mental health, as well as medical needs, supported all under one roof. Offers mental health and/or substance abuse counseling, behavioral health services for queer youth.</p>	
<p>Fees/Programs: Free for anyone living in San Francisco County</p>	
<p>Language(s): Spanish,English</p>	
<p>Website: <a href="http://www.dimensionsclinic.org/">http://www.dimensionsclinic.org/</a></p>	<p>Address: 3850 17th Street San Francisco, CA 94114</p>
<p>Email: <a href="mailto:help@dimensionsclinic.org">help@dimensionsclinic.org</a></p>	<p>Phone Number: (415) 934-7700</p>

### Gaylesta Psychotherapist Association

<p>Summary: Oldest and largest collection of individuals focused on LGBTQ mental health; seeks to provide a range of services, experience, specializations, and expertise. Works to promote awareness of the special skills members have to offer the LGBTQ communities and the general public. Provides mental health services including therapist referrals, education, and consultation.</p>	
<p>Fees/Programs: Offer referral memberships.</p>	
<p>Language(s): N/A</p>	
<p>Website: <a href="https://gaylesta.org/Therapist%20Directory">https://gaylesta.org/Therapist Directory:</a> <a href="https://directory.gaylesta.org/find-a-therapist?user=find-a-therapist">https://directory.gaylesta.org/find-a-therapist?user=find-a-therapist</a></p>	<p>Address: 584 Castro Street, #230 San Francisco 94114 (mailing address only)</p>
<p>Email: <a href="mailto:membership@gaylesta.org">membership@gaylesta.org</a></p>	<p>Phone Number: (415) 729-3996</p>

### Lyon Martin Health Services

<p>Summary: Believe preventive, educational care is essential to lifelong health and that all people deserve excellent health care, regardless of their ability to pay. Ensure that each client feels comfortable and safe using their voice to direct the care they receive. Provide primary medical care, sexual and reproductive health care, and mental health services for women, gender non-conforming people, and transgender people of all gender identities and sexual orientations.</p>	
<p>Fees/Programs: No fees, call to make an appt</p>	
<p>Language(s): N/A</p>	

Website: <a href="https://lyon-martin.org/">https://lyon-martin.org/</a>	Address: 1735 Mission Street San Francisco, CA 94103
Email: <a href="mailto:info@lyon-martin.org">info@lyon-martin.org</a>	Phone Number: (415) 565-7667

### LYRIC Center for LGBT Youth

Summary: Mission is to build community and inspire positive social change through education enhancement, career training, health promotion, and leadership development with LGBTQ youth, their families, and allies of all races, classes, genders, and abilities. Offers community mentorship programs, artistic residencies, medical support for trans youth, and mentorship programs.	
Fees/Programs: No fees.	
Language(s): N/A	
Website: <a href="https://lyric.org/">https://lyric.org/</a>	Address: 127 Collingwood Street San Francisco, CA 94114
Email: <a href="mailto:lyricinfo@lyric.org">lyricinfo@lyric.org</a>	Phone Number: (415) 703-6150 x100

### San Francisco LGBT Center

Summary: Connects our diverse community to opportunities, resources and each other to achieve a vision of a stronger, healthier, and more equitable world for LGBT people and allies. Offers arts and culture events, community programs and groups, employment and financial services, and youth services.	
Fees/Programs: No fees.	
Language(s): N/A	
Website: <a href="https://www.sfcenter.org/">https://www.sfcenter.org/</a>	Address: 1800 Market Street, San Francisco, CA 94102
Email: <a href="mailto:info@sfcenter.org">info@sfcenter.org</a>	Phone Number: (415) 865-5555

### Tenderloin Self Help Center

Summary: Builds community strength by advocating for policies and rendering services which foster self-sufficiency and cultural enrichment. Encourages self-help, mutual respect, and increased self-esteem. Goal is to make the heart of San Francisco a better place for all. Provide a wide range of services, including case management, support and social groups, vocational resources, as well as access to basic amenities, such as street respite, restrooms, phone, email, mail service, and weekly grocery distribution. Through a partnership with the <a href="#">Harm Reduction Therapy Center</a> , the Tenderloin Self-Help Center is able to provide on-site mental health and substance use counseling daily. The <a href="#">Care Through Touch</a> Institute also provides weekly healing massage and movement therapy to participants.	
Fees/Programs: No fees.	
Language(s): N/A	

Website: <a href="https://www.hospitalityhouse.org/tenderloin-self-help-center.html">https://www.hospitalityhouse.org/tenderloin-self-help-center.html</a>	Address: 146 Leavenworth Street San Francisco, CA
Email: N/A	Phone Number: (415) 749-2143

### The Trevor Project: 24/7 Suicide Prevention Lifeline

Summary: Mission is to end suicide among gay, lesbian, bisexual, transgender, queer & questioning young people. Offers a judgment free place to talk if one is feeling suicidal or is in crisis. Provides a crisis intervention which includes a lifeline, safe chat and text services.	
Fees/Programs: No fees.	
Language(s): N/A	
Website: <a href="https://www.thetrevorproject.org/?gclid=EAlaIqobChMlrOmujcfK6gIVw8DACH12XAwuEAAYASAAEgK4tPD_BwE">https://www.thetrevorproject.org/?gclid=EAlaIqobChMlrOmujcfK6gIVw8DACH12XAwuEAAYASAAEgK4tPD_BwE</a>	Address: N/A
Email: <a href="mailto:info@thetrevorproject.org">info@thetrevorproject.org</a>	Phone Number: 866-488-7386

### UCSF Behavioral Alliance Health Services

Summary: A LGBTQ specialty mental health clinic offering a range of support services to help with problems caused by living with HIV, mental illness, and substance use. Goal is to reduce the symptoms of mental illness or substance use that cause problems for clients.	
Fees/Programs: Must have an Alliance Health Project provider.	
Language(s): English, Cantonese, Mandarin, Spanish, Russian, and ASL	
Website: <a href="https://alliancehealthproject.ucsf.edu/behavioral-health-services#Psychotherapy">https://alliancehealthproject.ucsf.edu/behavioral-health-services#Psychotherapy</a>	Address: 1930 Market Street San Francisco, CA 94102
Email: <i>contact through the following link</i> <a href="https://alliancehealthproject.ucsf.edu/contact-us">https://alliancehealthproject.ucsf.edu/contact-us</a>	Phone Number: (415) 476-3902

## Support Groups

### Al-Anon/Alateen San Francisco Chapter.....(415) 834-9940

Summary: Provides meetings for individuals who have been affected by someone else's drinking. Offers help and hope to participants while providing a safe space for people to share their experiences.	
Fees/Programs: <a href="#">Alateen</a> provides meetings for youth between the ages of 12-19 who have been affected by alcoholism. Teens run all meetings and adult sponsors serve as facilitators, not managers or supervisors—; No fees for membership to Al-Anon or Alateen.; Meetings are held in-person, online, and over the phone.	
Language(s): English, French, American Sign Language	
Website: <a href="http://www.al-anonsf.org">www.al-anonsf.org</a> <i>For more information on locating Al-Anon meetings: <a href="https://www.al-anonsf.org/meetings">https://www.al-anonsf.org/meetings</a></i> <i>For more details on locating Alateen meetings: <a href="https://www.al-anonsf.org/alateen">https://www.al-anonsf.org/alateen</a></i>	Address: The Flood Building, 870 Market Street, Suite 1169, San Francisco, CA 94102
Email: N/A	Phone Number: (415) 834-9940

### Depression and Bipolar Alliance Friends and Family Group

Summary: A peer-driven community of people with mood disorders and their friends and families. Dedicated to supporting, empower and educate by providing a safe and compassionate environment through peer support groups and education opportunities.	
Fees/Programs: Free with voluntary donation.	
Language(s): N/A	
Website: <a href="https://www.dbsasf.org/">https://www.dbsasf.org/</a>	Address: St. Francis Memorial Hospital 900 Hyde Street San Francisco, CA 94109
Email: <a href="mailto:dbsasf@gmail.com">dbsasf@gmail.com</a>	Phone Number: (415) 758-1799

### Give Us the Floor

Summary: Creates and supports a safe, non-judgmental and trustworthy community where teenagers know that whatever challenge they struggle with, they will find peers that have faced or are facing the same challenges. Help teens deal with distress through unique, peer support groups that leverage social media to provide constant contact and anonymity in a safe teen-only community, breaking the isolation and shame cycles. Trained teens facilitate confidential, Supportive Group Chats and members help each
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other with common mental health and social issues such as depression, isolation, anxiety, body image, discrimination, bullying, relationships, and identity.	
Fees/Programs: No fees.	
Language(s): N/A	
Website: <a href="https://giveusthefloor.org/">https://giveusthefloor.org/</a>	Address: 456 Montgomery Street, Suite 1040 San Francisco, CA 94104
Email: <a href="mailto:info@giveusthefloor.org">info@giveusthefloor.org</a>	Phone Number: N/A

### **National Alliance on Mental Illness (NAMI) SF Support Groups**

Summary: Provides knowledge and understanding along with an opportunity for group attendees to share experiences in a confidential setting. Groups are led by either trained professionals or NAMI members with extensive personal experience coping with mental illnesses and its impact on families. Please see NAMI addendum or visit our website for information on specific groups.	
Fees/Programs: All support groups are no cost and drop-in.	
Language(s): English, Spanish, Cantonese (depending on group)	
Website: <a href="https://www.namif.org/support-groups">https://www.namif.org/support-groups</a>	Address: 711 Van Ness, Suite 550 San Francisco, CA 94102
Email: <a href="mailto:info@namif.org">info@namif.org</a>	Phone Number: (415) 237-0039

### **Support for Families - Support Groups**

Summary: Peer groups provide space for participants to seek peer-to-peer support from one another as well as practical information and education.	
Fees/Programs: Interpretation is available free of charge with one week's advanced notice; to register, fill out the online registration forms when available	
Language(s): English, Spanish	
Website: <a href="https://www.supportforfamilies.org/education/peer-groups/">https://www.supportforfamilies.org/education/peer-groups/</a>	Address: 1663 Mission Street, Suite 700, San Francisco, CA 94103
Email: <a href="mailto:info@supportforfamilies.org">info@supportforfamilies.org</a>	Phone Number: (415) 920-5040



### RSSE (Reducing Stigma in South East) Family Support Group and Healing Circle

Summary: Mission is to reduce the stigma in communities so that people who need mental health services can and do receive them. Open to all families and friends who are supporting a loved one with mental health issues.	
Fees/Programs: Free support group.	
Language(s): English	
Website: <a href="https://sf-goso.org/support-services/support-group-s-classes-and-healing-circles-supportive-services/">https://sf-goso.org/support-services/support-group-s-classes-and-healing-circles-supportive-services/</a>	Address: 4445 3rd Street, San Francisco, CA 94124
Email: <i>see website for email information</i>	Phone Number: <i>see website for phone number</i>

## Outpatient Therapy

### Community Youth Center

<p>Summary: Empowers and strengthens a diverse population of high need youth and their families by providing comprehensive youth development through education, employment training, advocacy, and other support services. Provides case management and individual and family therapy for youth and their families. Clinicians and case managers conduct psycho-social assessments, address mental health stigma, limited access to linguistically and culturally appropriate services, and co-factors specific behavioral health issues such as violence, chronic truancy, and substance use prevention.</p>	
<p>Fees/Programs: All services free for Medical recipients, may be sliding scale with private insurance. Often referred in through school staff.</p>	
<p>Language(s): English, Mandarin, Cantonese, Nepalese, Tegal, Spanish</p>	
<p>Website: <a href="https://www.cycsf.org/">https://www.cycsf.org/</a></p>	<p>Address: 1038 Post Street, San Francisco, CA 94109</p>
<p>Email: <a href="mailto:hello@cycsf.org">hello@cycsf.org</a></p>	<p>Phone Number: (415) 775-2636</p>

### California Pacific Medical Center: Child and Adolescent Psychiatry Outpatient Clinic

<p>Summary: Goal is to help children or teenagers return to an active and productive life, equipped with the skills to maintain good mental health for a lifetime. Offers outpatient mental health treatment, as well as inpatient evaluation, by board-certified psychiatrists. Provides personality assessments, individual therapy and group therapy.</p>	
<p>Fees/Programs: Medi-Cal and Medicare accepted; fees are based on a sliding scale.</p>	
<p>Language(s): English, Russian, Cantonese</p>	
<p>Website: <a href="https://www.sutterhealth.org/cpmc/services/behavioral-health/child-adolescent-behavioral-health">https://www.sutterhealth.org/cpmc/services/behavioral-health/child-adolescent-behavioral-health</a></p>	<p>Address: 2323 Sacramento St, San Francisco, CA 94115</p>
<p>Email: N/A</p>	<p>Phone Number: (415) 600-3247</p>

### Edgewood Intensive Outpatient Services

<p>Summary: Supports youth and their families through life's challenges with a full continuum of behavioral health services. Focuses on issues such as mental health, family relationships and life skills, and programs range from prevention and early intervention to community-based, day and residential treatment.</p>	
<p>Fees/Programs: Contact Intake Department at 1-844-EDGE411 (334-3411) for intakes/referrals and visit Intake Page for more information. Accept SF County Medical and private insurance.</p>	

Language(s): Bilingual therapists in Spanish and Cantonese, specific to programs	
Website: <a href="https://edgewood.org/intensive-outpatient/">https://edgewood.org/intensive-outpatient/</a>	Address: 1801 Vicente Street San Francisco, CA 94116
Email: michaelc@edgewood.org	Phone Number: (415) 682-3172

### UCSF Langley Porter Child & Adolescent Psychiatric Clinic

Summary: Mission is to provide exceptional care for children, adolescents, young adults, and families with mental health and developmental concerns while advancing scientific knowledge, and clinical training. Services include various psychiatric assessments, medication treatments, psychotherapies and groups, and specialized clinics.	
Fees/Programs: Accepts all major private insurances and private pay. Kaiser must get a referral first. Does NOT accept Medi-Cal or Medi-Cal-based plans such as SF Health Plan. Other than the intake line, patients can be referred by their UCSF doctor/pediatrician.	
Language(s): English and translator services available in multiple languages	
Website: <a href="https://psych.ucsf.edu/lpphc/cas">https://psych.ucsf.edu/lpphc/cas</a>	Address: 401 Parnassus Ave, San Francisco, CA 94143
Email: N/A	Phone Number: <i>Intake Line: (415) 476-7500</i> <i>for inquiries other than requesting an appointment (415) 476-7000</i>

### Westside Community Services

Summary: Provides high quality, family-centered, culturally competent behavioral health and human services. Focused interventions include using Afrocentric evidence-based treatments. Afrocentric means utilizing African people's history, culture, philosophy, and collective experience as the frame of reference for providing treatment. Westside Ajani is a comprehensive multi-service program that provides outpatient mental health, school-based mental health, and consultation case management and outreach.	
Fees/Programs: Only SF Medical is accepted; all types of referrals are accepted: self-referral, agency referrals, etc.	
Language(s): English	
Website: <a href="http://www.westside-health.org/services/westside-child-and-adolescent-services">http://www.westside-health.org/services/westside-child-and-adolescent-services</a>	Address: 1153 Oak Street San Francisco, CA 94117 <i>Teen Clinic: 245 11th Street, San Francisco, CA 94103</i>
Email: ajani@westside-health.org	Phone Number: (415) 431-8252

## Youth Substance Abuse Services

### Alcoholics Anonymous

Summary: A voluntary, worldwide fellowship of men and women from all walks of life who meet together to attain and maintain sobriety. Meetings usually consist of talks by a leader and two or three speakers who share experience related to their alcoholism and recovery in A.A.	
Fees/Programs: There are no dues or fees for A.A. membership.	
Language(s): English and Spanish	
Website: <a href="https://aasfmarin.org/">https://aasfmarin.org/</a>	Address: <i>see the following link for meeting locations</i> <a href="https://aasf.org/meetings?tsml-time=upcoming&amp;tsml-region=235">https://aasf.org/meetings?tsml-time=upcoming&amp;tsml-region=235</a>
Email: <a href="mailto:help@aasf.org">help@aasf.org</a>	Phone Number: (415) 674-1821

### Asian-American Recovery Services

Summary: Reduces the impact and incidence of substance use in the Bay Area. Provides culturally competent services to the Asian and Pacific Islanders and other ethnically diverse San Francisco Bay Area communities. Offers substance use disorder treatment, mental health treatment, integrated behavioral health services, HIV prevention, testing and counseling, juvenile justice, and probation youth services	
Fees/Programs: Sliding scale; Medi-Cal accepted	
Language(s): English, Mandarin, Cantonese, Tagalog, Vietnamese, Korean, and Spanish	
Website: <a href="https://www.healthright360.org/agency/asian-american-recovery-services">https://www.healthright360.org/agency/asian-american-recovery-services</a>	Address: 2024 Hayes Street, San Francisco, CA 94117
Email: N/A	Phone Number: (415) 750-5111

### Horizons Unlimited of San Francisco

Summary: Strengthens and transforms the lives of Latino and other youth and families of color through a continuum of culturally rooted services that include substance abuse prevention and treatment, mental health and wellness, workforce development, and gender-specific programming.	
Fees/Programs: No fees; referral forms are on website; fill out and fax to (415) 487-6724	
Language(s): English and Spanish	
Website: <a href="https://www.horizons-sf.org/">https://www.horizons-sf.org/</a>	Address: 440 Potrero Ave., San Francisco 94110
Email: <a href="mailto:info@horizons-sf.org">info@horizons-sf.org</a>	Phone Number: (415) 487-6700 or (415) 487-6730

### Ohlhoff Recovery Programs - Teen Intervene

<p>Summary: Provides the highest quality treatment services for the disease of chemical dependency; empowering individuals and families to take responsibility for their recovery. Ohlhoff's Adolescent Chemical Dependency Program, Teen Intervene, is a brief strategic, evidence-based program for teens ages 12-19 years old exhibiting mild to moderate problems associated with alcohol and/or drug use problems.</p>	
<p>Fees/Programs: To begin the admission process into the program, you must schedule an assessment appointment. Accepts most major <i>private</i> insurance plans. Does not accept Medi-Cal or Medicare.</p>	
<p>Language(s): English</p>	
<p>Website:  <a href="https://www.ohlhoff.org/recovery-programs#outpatient">https://www.ohlhoff.org/recovery-programs#outpatient</a>  <i>For more information on programs and their requirements:</i>  <a href="https://www.ohlhoff.org/recovery-programs#Our-Programs-Top">https://www.ohlhoff.org/recovery-programs#Our-Programs-Top</a>  <i>For more information on insurances accepted and assessment form:</i>  <a href="https://www.ohlhoff.org/gettingstarted#assessment-form">https://www.ohlhoff.org/gettingstarted#assessment-form</a></p>	<p>Address: 927 Irving Street, San Francisco, CA 94122</p>
<p>Email: <i>find specific program/staff email information through the following link</i>  <a href="https://www.ohlhoff.org/aboutus">https://www.ohlhoff.org/aboutus</a></p>	<p>Phone Number: (877) 677-4543</p>