



NAMI SF Internship: Lead Educational Presenter Spring 2023

About NAMI

The National Alliance on Mental Illness is the nation's largest grassroots mental health organization helping families and individuals affected by mental health conditions build better lives through education, support, and advocacy. Our mission is to decrease stigma, educate communities, and help people find the support they need.

Position Summary

The Lead Educational Presenter is a community-facing position. The intern would serve as a principal community educator and lead in-person educational presentations primarily to high school students, among other populations. NAMI SF delivers presentations to high school students, parent/caregiver groups, community associations, nonprofits, college students, workplaces, and the general public.

The purpose of the presentations is to humanize mental health, reduce stigma, provide foundational community education, and offer personal testimony of living with a mental health condition. Additionally, the educational programs are designed to increase access to local resources and create a space for community members to feel supported via peer sharing.

In addition to presentation execution, the Lead Educational Presenter would conceptualize, research, and deliver a presentation at the end of their internship on a subject related to mental health (see more below). Other responsibilities may include curriculum review and development.

Schedule and Location

Minimum 5 hours per week. Possible 10 hours per week based on experience, interest, and availability. Schedule varies by week - variables include location, time, and number of presentations. Typical presentation hours: between 8a - 4p at high schools. Combination of in-person and virtual work. In person locations include high schools throughout San Francisco, including in the Sunset, Twin Peaks, Mission, and Marina neighborhoods, among others. Remote when not executing in-person presentations.

Internship: January - May 2024 (flexible end date)

Compensation: Paid internship and/or academic credit/volunteer hours

Responsibilities

- Primary responsibility: lead educational presentations for high school students; occasionally lead presentations for parents/caregiver groups and public audiences

- Engage presentation attendees in an empathetic and compassionate manner, consistent with NAMI SF mission to provide culturally sensitive community education
- Engage with presentation hosts in a courteous and professional manner
- Complete post-presentation reports in a timely manner; report to the Director of Education Programming once a week (virtually)
- Conceptualize, research, and deliver a presentation on a subject of choice related to mental health, lived experience, and/or education/public speaking
- Support curriculum design and development as needed

Qualifications

- Identify as a peer (someone who experiences a mental health condition)
- Identify as a young adult (18-30 years old)
- Be willing to share personal story with mental health condition(s)
- Be able to travel throughout San Francisco for in-person presentations
- Be able to lead 1-3 presentations per week for students, in person

Knowledge, Skills, and Experience

- Passion for mental health advocacy and education
- Strong public speaking and public presentation skills, both in-person and virtually
- Strong communication skills; ability to work collaboratively with community partners
- Ability to receive and implement constructive feedback
- Ability to practice active-listening listening and engage constructive conversations about mental health, stigma, lived experience, and local resources
- Excellent time-management and organizational skills
- Comfortable using and hosting Zoom meetings

Benefits

- Serve as a community educator and directly engage student audiences
- Financial compensation via paid internship - \$20/hour (or academic credit/volunteer hours)
- Receive story-crafting and public speaking training
- Gain public speaking skills and experience
- Opportunity to fulfill volunteer and/or academic program requirements
- Join a dynamic team that promotes a supportive work environment and encourages creativity
- Learn about non-profit operation, program development, and program execution
- Join a community of passionate people and help improve the lives of those affected by mental health conditions!

We strongly encourage people from diverse backgrounds to apply.

For more information and to apply, please contact:

Andrew Tuttle, Director of Education Programming: andrew@namisf.org