

Position title: Peer Services Intern

About NAMI

Our mission is to decrease stigma, educate communities, and help individuals living with mental health conditions and their families and loved ones access support and education.

Position Summary

We are looking for an intern who can help us deliver peer support groups and classes. Peer programs provide a safe-space, community, wisdom and education for individuals living with mental health conditions. Groups are led by NAMI-trained volunteers and interns with extensive personal experience coping with mental illnesses. This internship is for 5 hours a week paid \$20/hour. This intern reports to the Peer Services Director. Work is done in-person (in San Francisco proper) and remotely.

Qualifications

- Must live with a mental health condition.
- Must have attended or be willing to attend a support groups or class as a participant before acceptance of the internship position.

Responsibilities

- Co-facilitate at least 3 90-minute support groups a month **OR** lead an 8-week Peer to Peer Class (see below)
- Regular one-on-one meetings with Peer Services Director
- Support Groups
 - BIPOC Support Group 2nd and 4th Mondays of the month
 - General, all ages, all races support group Tuesdays 6-7:15pm PT
 - Young Adults Support Group Wednesdays 6-7:15pm PT
 - Training for all groups*: four 2-hour trainings during weekdays combined with real time shadowing
- Classes
 - Peer to Peer : 8 weeks / 2.5 hours, (English, Spanish)
 - Training*: two 8-hour sessions over weekend

Knowledge, Skills, and Experience

- Passion for mental health
- Experience with online platforms including Google Workspace and Zoom
- Strong communication, empathy and listening skills
- Ability to balance tasks simultaneously and meet deadlines
- Ability to work well with others

Benefits

- Work flexible hours and location
- Work with a small and dynamic team that promotes a supportive work environment and encourages creativity
- Non-profit and peer work career development
- Gain hands on experience working with peers
- Join a community of passionate people
- Materially improve the lives of those affected by mental health conditions

To apply please send your resume to: Simone Baggetto: simoneb@namisf.org